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Further under the invention, a method of attaching a head rest guide tube to a seat back frame having an aperture extending therethrough includes inserting the guide tube into the aperture, and swaging the guide tube to form a swaged portion engaged with the seat back frame to thereby secure the guide tube to the seat back frame.

Advantageously, under the method of the invention, the guide tube may be attached to the seat back frame without welding.

The method described above may also include swaging the guide tube to form an additional swaged portion on the guide tube, wherein the additional swaged portion cooperates with the swaged portion to secure the guide tube to the seat back frame.